

## OBSERVATIONAL STUDY ON OEDEMAS

Dr. Domenico Mini, Palermo

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### Some general notes:

The term "**food intolerance**" refers to the reaction of the body to the intake of a certain food. This does not correspond to the symptoms of a "true" allergy, but does stimulate the body's defences.

The symptoms sometimes manifest themselves in a concealed fashion and are sometimes very obvious.

The consumption of a food to which the patient has developed an intolerance triggers a condition of stress.

Stress is an unspecific reaction of the body to an external stimulus and can be positive, or, if the cause of the stress persists, negative.

### But what actually happens in the body?

Molecules from the food that pass through the intestinal barrier stimulate the body's defences: a form of "eustress", that triggers the production of hormones in the adrenal glands (a false sensation of well-being).

One option the body has to defend itself against food toxins is to dilute them, i.e., to surround them with water (swelling).

As soon as a food has been detected against which there is an intolerance, it should not be consumed for two months and then re-introduced slowly in order to observe the body's reactions.

However, let us return to the body's defence mechanism of diluting these toxins or surrounding them with water. I asked myself whether the "Program Oedema" in the "frequency bundles" of this Medithera bioresonance medical system might have a detoxifying, diuretic therapeutic effect, such as is being searched for by homoeopaths like myself, before any kind of therapy is started.

It does indeed have a preparatory therapeutic function, as it were, if you like, an "hors d'oeuvre", with which a more rapid, effective and durable answer can be obtained within our body, so that we can then start the therapeutic plan that we have decided on for treatment of this specific disease.

We have therefore started to offer this therapy to some patients undergoing treatment for a variety of diseases (cellulitis, food intolerance, varicose veins in the lower extremities, high blood pressure). It is easier to obtain results that correspond to the therapeutic aims for these diseases. However, in the following, I intend to extend this function to other "diseases due to poisoning", such as rheumatoid arthritis, inflammation of connective tissue, headache and migraine, colitis and Crohn's disease, i.e., chronic diseases with a high level of "drug deposition" in the tissues.

The "Function Oedema" did indeed prove to be a good stimulant for diuresis in those patients who underwent the treatment: the quantities of urine excreted over 24 hours actually increased immediately in these patients and they began to feel "lighter", "stronger", more energetic, less prone to fatigue, more alert and dynamic.

They underwent three sessions per week for one month, drank a glass of water before and after each treatment (this is very important), and I prescribed them with a natural diuretic at a dosage of three measuring cups per litre of water daily, that was to be taken between meals.

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## The observational study

An individual treatment using the TherapyCard (chip card) with the associated biofeedback measurement was designed for each patient participating in the observational study. The treatment was conducted as instructed for the Medithera medical system, i.e., a certain number of minutes on the coil mat (whole body therapy) and the remainder using the cushion (local treatment), which we placed on the lower stomach in line with the kidneys.

A total of 20 cases, all women, were included in the observational therapy against oedemas.

Age: from 18 to a maximum of 64 years.  
Weight: from a minimum of 50 to a maximum of 80 kg.  
Waist: from a minimum of 80 cm to a maximum of 120 cm.

Each patient also underwent homoeopathic detoxification and diuresis treatment concomitant to the magnetic bioresonance therapy.

Each patient was in a different frame of mind.

If we consider that the 18-year-old patient has a waist measuring 120 cm, then it is easy to understand how unhappy she is with her body. Nervous, problems relating to the opposite sex, she rejects her external appearance and refuses to look at herself in a mirror. She has a very forced relationship to eating, i.e., she eats everything, even between meals, and in excessive quantities.

The patients between 34 and 64 years of age attribute their problem only and exclusively to an aesthetic factor.

In contrast, some patients between 50 and 64 years of age have other reasons:  
In these cases there are several factors:

- Renal insufficiency
- Bladder disorders
- Varicose veins
- Inflammation of the veins
- Allergic reactions to drugs, but also due to food
- Menopause
- Adrenal glandular problems with increased hormone production

The patients' states of mind are therefore fairly different.

They think their bodies are suffering from a "fermentation".

Patients who undergo magnetic bioresonance therapy using the program "oedema" often do so in combination with a diet. They exhibit a preference for including large quantities of raw foods in their menu, in order to avoid the salt that is added to foods during cooking and to guarantee good uptake of dietary fibre.

Grilled fish and meat are sources of protein.

Sodium, present in cooking salt and many other industrially produced, pre-cooked foods, is often restricted in the diets of patients with a tendency to oedemas. Excess sodium does indeed cause water retention in the body.

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We also try to restrict the consumption of pasta and bread by our patients (i.e., foods rich in carbohydrates). These foods retain the salts and water in the tissues.

Milk and dairy products are also avoided, as they may favour a tendency towards food intolerance.

We recommend avoiding pork and foods prepared using pork.

They are given a homoeopathic diuretic or a natural product, whereby it must be noted that this has a high content of FUCUS algae that can be dangerous for patients with **thyroid problems**.

These products stimulate the excretory organs.

- Skin
- Kidneys
- Liver
- Gall bladder
- Intestines ....etc.

Through enforced diuresis, these start to excrete excess fluids, which accelerate and favour the removal of toxins from the blood.

The increase in urinary production results in excretion of sodium, which is responsible for the raised extracellular volume.

### **We can now conclude that:**

The patients no longer feel bloated once the 24 individual therapy sessions are complete.

They no longer exhibit any swelling under the eyes, their respiratory system is working properly, and they do not exhibit any signs of fatigue and report that they are sleeping better.

On average, there is a drop in body weight of 5 to 6 kg.

The patients are happy and also in a good state of mind.

I would therefore like to invite all medical colleagues to use this treatment as a pre-treatment and to conduct at least one preventative cycle of 6 – 7 sessions in addition to any other therapy that the patient receives subsequently.

You will certainly notice the advantages which will manifest themselves in a more rapid and effective fulfilment of your therapeutic expectations. This really is a case of "ploughing" a soil that is in good condition, in order to then "sow the seed in improved conditions and see the fruits of the therapeutic response grow".

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